

مبادرة عام الأسرة

Year of Family Initiative

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We continue to support the UAE Year of the Family 2026, since 2010 we are delivering initiatives and events that strengthen family bonds and nurture a resilient generation through Chinese martial arts—promoting physical health, mental wellbeing, positive values, and emotional balance, while advancing the UAE's leadership in structured, family-centric martial arts education.

UAE Kung Fu Tai Chi Qigong Association

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As an Emirati mother and practitioner of Kung Fu and Tai Chi, I have personally witnessed the positive impact that Chinese martial arts can have on confidence, discipline, and overall well-being—for both youth and adults. Inspired by the progress of my own family through training, I am committed to supporting and expanding these initiatives to benefit our wider community and contribute to the well-being of future generations in the UAE.

Association President
Basma Mohammad Abdulla Hannawi

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With deep roots in the Shaolin Temple tradition, my lifelong mission has been to preserve the authenticity of Chinese martial arts while sharing their values globally. It is an honour to serve as Vice President of the Association and to strengthen cultural and sporting ties between the UAE and China, supporting excellence, education, and international collaboration.

Association Vice President
Master Frank Rao

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My journey in martial arts began at the age of nine and has shaped my life, values, and purpose. Through decades of practice, teaching, and international engagement, I have seen how martial arts build resilience, character, and clarity of mind. As Director General, my commitment is to ensure the highest standards of education, safety, and integrity, while positioning the UAE as a global benchmark for martial arts excellence.

Association Director General
Master John Duval de Dampierre

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Government Endorsements & Recognitions


الوطن
يومية-سياسية-مستقلة
الجمعة 16 يناير 2026
الإمارات 30 % نموا بأعداد زوار القمة العالمية لطاقة المستقبل
اعتماد جمعية الإمارات للكونغ فو والتاي تشي والتشي كونغ
الرياضية الخميس 15 يناير 2026
أعلنت "جمعية الإمارات للكونغ فو والتاي تشي والتشي








البيان
البيان
الخميس، 15/1/2026 3:44 م
أعلنت جمعية الإمارات للكونغ فو والتاي تشي والتشي كونغ، عن خطط وبرامج ومبادرات رياضية ومجتمعية، بعد اعتمادها رسمياً من هيئة تنمية المجتمع بدبي. وأكدت الجمعية في بيان لها، أنها تتطلع إلى ترسيخ مكانة دولة الإمارات كمركز دولي للكونغ فو والتاي تشي والتشي كونغ، من خلال تطوير برامج هيكلية، ومسارات وطنية، وإقامة بطولات وفعاليات معترف بها دولياً.
وقالت بسمة محمد هناوي، رئيسة الجمعية، إن هناك الكـ
من المبادرات المميزة في الفترة المقبلة، من أبرزها تطبيق برا
فنون القتال الصينية في
albayan.ae
العامة، وتشجيع مشاركة فئات المجتمع في المبادرات الـ




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"优秀太极拳传承与推广"基地"
以表彰其在太极拳传承、实践与全球推广方面的杰出贡献!
This is to hereby certify that
UAE KUNG FU TAI CHI QIGONG ASSOCIATION
is officially recognized and designated as an
"OUTSTANDING TAI CHI HERITAGE & PROMOTION BASE"
in acknowledgement of its exemplary dedication and outstanding contributions to the preservation, practice, and global dissemination of the authentic Tai Chi Chuan culture.
颁发单位:中国·温县太极拳传承人联合会
Presented by: China Wenxian Tai Chi Chuan Heritage Practitioners Federation
授权代表签字 (Authorized Signature):
单位盖章 (Official Seal):
签发日期 (Date of Issue): 2026年01月15日
总编室

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The Vision

We continue to support the UAE Year of the Family 2026, since 2010 we are delivering initiatives and events that strengthen family bonds and nurture a resilient generation through Chinese martial arts—promoting physical health, mental wellbeing, positive values, and emotional balance, while advancing the UAE's leadership in structured, family-centric martial arts education.

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The Initiative

The Year of the Family places emphasis on strengthening family bonds, shared values, and meaningful time together, recognising the family as the foundation of a healthy, resilient society.

In response to this national priority, the Association for Kung Fu, Tai Chi, and Qigong will deliver a series of school-based and community-wide activations designed to bring children and their families together through shared movement, discipline, and mindful practice. These initiatives promote physical health, emotional balance, mutual respect, and positive family interaction while reinforcing cultural values and community cohesion.

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Key 2026 Family-Focused Events and Activations include:

- Family Martial Arts Day – Interactive parent-and-child Kung Fu, Tai Chi, and Qigong sessions hosted in schools and community venues, encouraging families to train, learn, and grow together.
- National Family Wellness Festival – A large-scale public event featuring group Tai Chi and Qigong activations, cultural demonstrations, and family participation activities focused on health, harmony, and well-being.
- Family Unity & Record-Breaking Challenge – A symbolic mass-participation martial arts challenge designed to promote unity, perseverance, and collective achievement, highlighting the strength of families moving together as one.
- School–Community Family Engagement Program – A series of ongoing workshops and demonstrations conducted across schools and local communities, reinforcing discipline, respect, emotional regulation, and shared family values through martial arts practice.



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WHY THIS MATTERS TODAY?

Rising lifestyle & stress -related health challenges



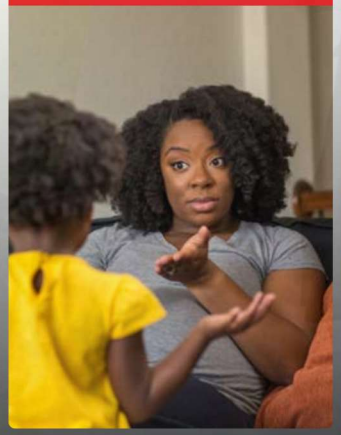
Mental pressure on youth and families



Declining physical discipline in daily life



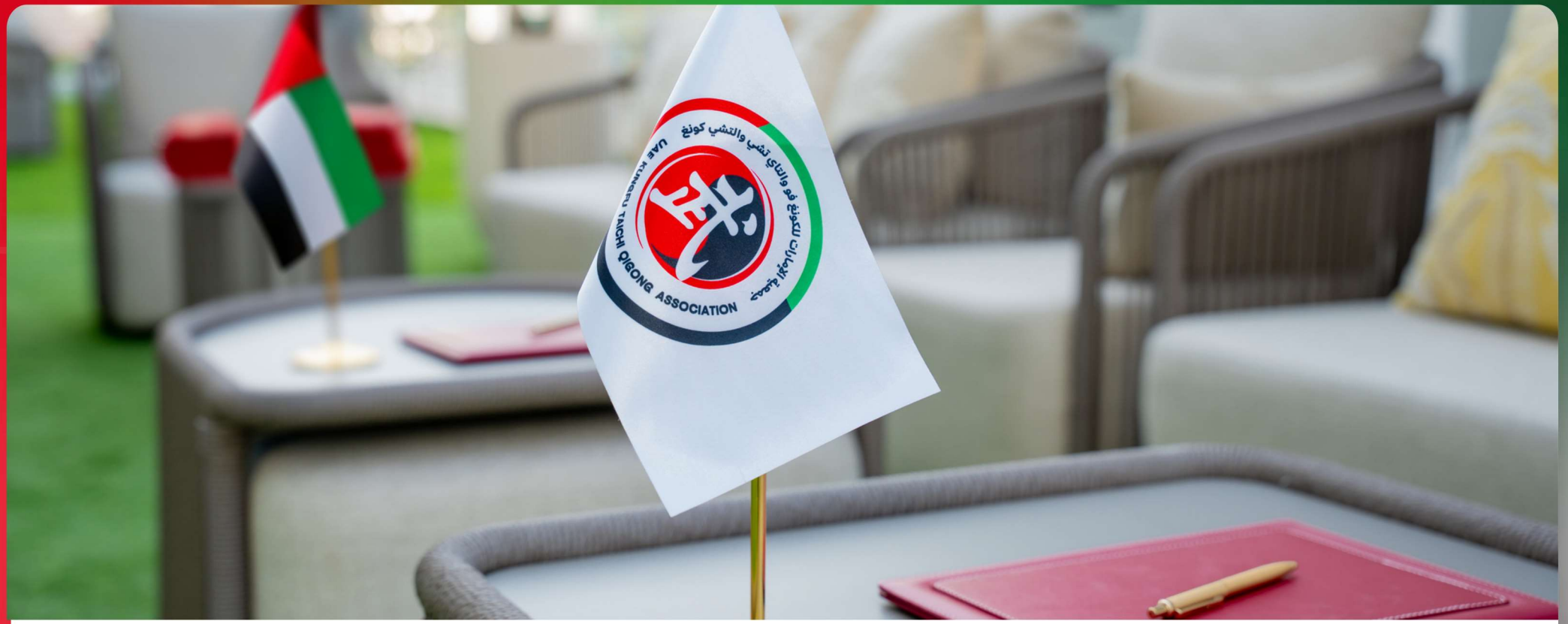
Need for structured, values-based development



Demand for preventative health solutions



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The National Response

A national initiative aligned with the UAE Year of the Family, using traditional mind–body disciplines to strengthen families, health, and community values.

Rooted in Kung Fu, Tai Chi, and Qigong, it supports long term health, youth development, and community connection.

This initiative directly aligns with the UAE's national priorities and long-term social vision.

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NATIONAL ALLIGNMENT



Aligned with **We the UAE 2031**, this initiative serves as a national platform that integrates health, youth development, community cohesion and female empowerment into one cohesive and future-focused program.

نحن الإمارات
WE THE UAE 2031

- Female Empowerment
- Community Cohesion
- Youth Development & Education
- Public Health & Wellbeing
- People of Determination
- UAE–China Cultural Exchange

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OUR NATIONAL PILLARS

Youth Development
(Schools)



Safety, Discipline & Mental Resilience



Female Empowerment



National Recognition

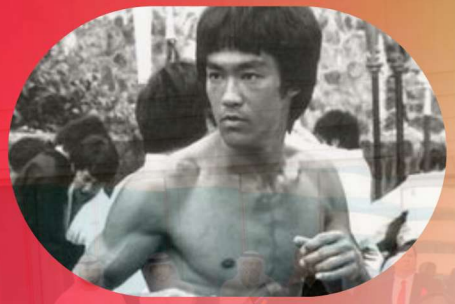


Cultural & International Exchange



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POWER OF CHINESE MARTIAL ARTS



“Martial Arts belong to all people, not to one country”
Bruce Lee



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